

March 2022

Name: _____

HAIR & TIGHTS

Please read carefully the following:

If you prefer to buy tights from Potenza please inform us via email or by calling 22-444443.

Modern 2 + 3:

Hair: high ponytail

Tights: skin color tights

Pre Ballet:

Hair: ballerina bun* (please read the instructions)

Tights: white thin tights

Pre Primary:

Hair: ballerina bun* (please read the instructions)

Tights: skin color tights

Primary:

Hair: ballerina bun* (please read the instructions)

Tights: white thin tights

Free Ballet Class:

Hair: ballerina bun* (please read the instructions)

Tights: white thin tights

Grade 1:

Hair: ballerina bun* (please read the instructions)

Tights: pink ballet tights

Grade 2:

Hair: ballerina bun* (please read the instructions)

Tights: pink ballet tights

Grade3:

Hair: ballerina bun* (please read the instructions)

Tights: pink ballet tights

Grade 4:

Hair: high ponytail

Tights: skin color tights

Grade 5:

Hair: high ponytail

Tights: skin color tights

Grade 6:

Hair: ballerina bun* (please read the instructions)

Tights: pink ballet tights

Grade 7:

Hair: ballerina bun* (please read the instructions)

Tights: pink ballet tights

Intermediate:

Hair: ballerina bun* (please read the instructions)

Tights: pink ballet tights

Emma, Evelina, Stephanie, Alexandra, Niki, Loukia:

Hair: 2 side French braids tied in a low ballerina bun

Tights: pink ballet tights

Hip Hop:

Hair: one high ponytail (if short hair please speak with your teacher)

Socks: short white socks

POS 1A, 1B, 2A:

Hair: 2 high ponytails or one high ponytail

Eria Dragatsi: High ponytail. Chara Georgoulla: half up half down. Smaragda Kyprianidi: ballerina bun

POS 2B, 2C, 3, 4:

Hair: 2 side braids

Socks: short white socks

Constantina, Theodora, Georgia, Semeli Lazarou, Marivasia, Anna Petrou: one high ponytail

POS 5, 6:

Tights: skin color tights or if basketball players – white socks

Hair: Must speak with their teachers individually

Ellipolis, Melina, Betty, Sotia, Andreana, Stephanie Symeonide: Ballerina bun

Semeli Savoulli, Natalie, Theodora, Sophia Kadi, Semeli Lazarou: high ponytail

Aliki, Danae, Alexandra, Alexa, Elena H.: half up half down

MAKE UP

ALL: light pink rouge, white eye shadow, light pink lipstick

For Ballet grades 6,7, Intermediate, Advance, POS 5 & 6 and the main characters: Students from CYPRUS COLLEGE will be at the theatre on Sunday March 20 from 5 pm in order to do a professional make up for the above participants. Nonetheless students need to have their own foundation and powder on, before coming at the theatre.

INSTRUCTIONS

HAIR FOR BALLERINA BUN

• **To make a ballet bun you will need:**

- Hair brush
- Long handle comb
- Hair elastic
- Hairspray
- Hair gel
- Hair net
- Hair pins
- Bobby pins

• **How to do a Ballet Bun:**

To make the ballet bun shape, hold the ponytail at the end and twist it firmly until it is all twisted into a rope. Then coil the ponytail into a flat circle around the hair elastic, continuing the coil in the same direction as the twist in the ponytail. This will stop the ponytail unravelling. Tuck the ends of the ponytail under the bun. Then place 3-4 hairpins around the bun to secure it, without taking your hands off the bun (see instructions for inserting hairpins). Next, place a hairnet over the bun. At this stage, you can make any adjustments to the shape of the bun. A finished ballet bun should be round and even in shape, and sit smoothly against the head.